

PLAY.SPORT

BACKGROUNDER



WHAT IS PLAY.SPORT?

Play.sport is a collaborative intervention led by Sport NZ to improve:

- the quality of physical education (PE), sport, physical activity and play experiences in schools
- the connection between schools and their communities, including sports clubs and the home.

Being piloted in 45 schools in Waitakere and Upper Hutt, its vision is “every child and young person in the community having quality, fun, challenging and inspiring PE, sport, physical activity and play experiences that develop their physical literacy and wellbeing.”

Play.sport’s key focus is on helping create an active school culture, and supporting schools and teachers to enhance the planning and delivery of the Health and Physical Education (HPE) curriculum.

Play.sport is being delivered in partnership with accredited education professionals, local councils and regional sports trusts (RSTs), and is supported by the Ministry of Education and ACC.

WHY DO WE NEED PLAY.SPORT?

Quality and engaging PE, sport, physical activity and play experiences improve the physical literacy of our young people and encourage them to stay physically active. This contributes to the overall wellbeing of our young people, including better mental and physical health, reduced stress and anxiety, and improved sleep, cognitive functioning and educational achievement.



It’s not a set programme – the Play.sport workforce are responsive to our needs ... They do a good job of making us do the thinking, rather than telling us what to do.”

- SCHOOL LEADER, WAITAKERE

To find out more, email youngpeopleteam@sportnz.org.nz or visit sportnz.org.nz/play-sport

20,000
KIDS

1000
TEACHERS



75% OF SCHOOL STAFF FEEL PLAY.SPORT IS HELPING BUILD A VISION FOR AN ACTIVE SCHOOL CULTURE AROUND THE NEEDS OF STUDENTS



75% OF TEACHERS ARE THINKING DIFFERENTLY ABOUT PE, SPORT AND PHYSICAL ACTIVITY

28
SCHOOLS IN
WAITAKERE



17
SCHOOLS IN
UPPER HUTT

LAUNCHED IN
2016

4
YEAR
PILOT