

THEME

Contributing and
Influencing

SUB THEMES

Planning to Lead
Leading in Action

Overview

In this activity Participants reflect on a specific leadership experience. The reflection includes what happened, why it happened, and how they can use what they learned for more effective leadership in the future. Leading in Action experiences should be completed before this Leader Journal template (the reflection) is completed.

Leadership Experience Reflection 2

Knowledge and skills

Knowledge of context, leadership styles and roles appropriate for context, planning and organising for the role, leadership methods, reflecting and evaluating.

Resources

- Leader Journal template



Facilitating the reflective questions

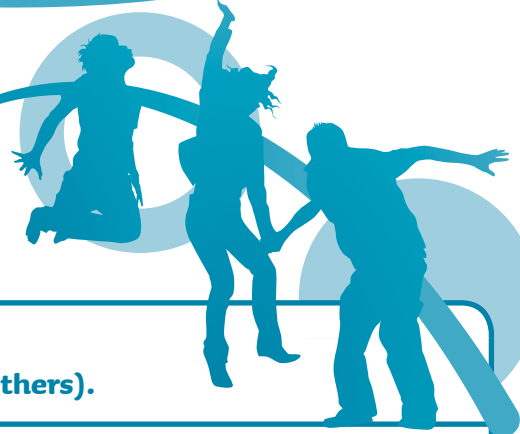
There are seven questions for Participants to answer on their leadership experience and future leadership.

1. Participants describe the leadership role they took and role play a specific leadership moment they experienced.
2. Participants describe their experience with single words.
3. Participants identify what they did well and discuss their positive experiences with their peers.
4. Participants identify what they could have done better, and how they might do it better next time. It may be beneficial to discuss the answers in a group.
5. Participants list the leadership skills, qualities, abilities and behaviours they used or developed through this leadership experience.
6. Participants describe what they learned about leadership.
7. Participants link what they have learned to future leadership roles.



NAME _____

Leadership Experience Reflection 2



1. Describe your leadership role (describe the job you did, how it fitted with the activity or event and the roles of others).

2. Use single words to describe your leadership experience. Circle words that apply to your experience or write other ones that you feel best describe it.

Amazing Fun Predictable Learning Satisfying
Easy Fab Crazy Hard Horrible Enlightening Poor Enjoyable
Challenging Cool Fantastic Difficult Exciting Helpful
Great New

3. What did you do well or extremely well?

Tasks I did well

What was good about the way I completed the tasks?

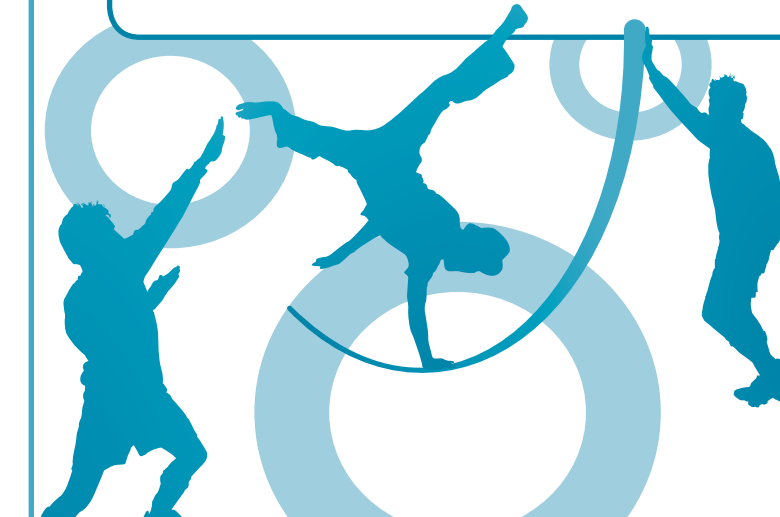


4. Which tasks did you do better or differently next time?

Task	What aspect of the task would I improve?	What things would I do differently?

5. List the leadership qualities, abilities, skills and behaviours you were using or developing through this leadership experience.

Leadership qualities (e.g. integrity, empathy)	Leadership abilities and skills (things you are able to do e.g. listening, communicating)	Leader behaviour (the behaviour others see e.g. anger, aggression, humour, support, encouragement)



7. What future leadership roles do you think you will have the skills and qualities for?

In the next six months

In the next two years or more

6. What did you learn about leadership?

