THEME

Contributing and Influencing

SUB THEMES

Planning to Lead

Pick Me

Overview

In this learning activity Participants:

- *Think about how they could be 'stepping forward' to contribute and lead*

- *Choose activities in which they could make a contribution*

- *Describe how they might contribute and influence in the future*

- *Identify change or changes that may occur as a result of their contribution*

- *Complete a Change Action Plan for changes they wish to make or see made.*
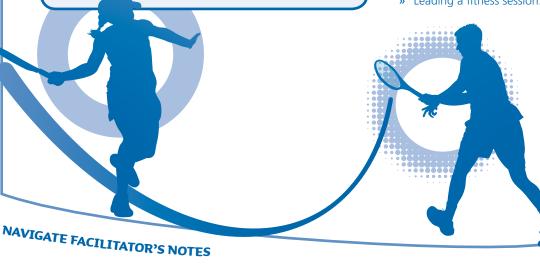
The activity is about being proactive.

Knowledge and skills

Service to others, change, acceptance of responsibility, effective decision-making, planning and organising.

Resources

- Leader Journal template

- A list of specific contexts in which participants could be involved. For example:

  » Coaching in sport

  » Choreographing or leading in dance

  » Kapa haka or cultural leadership

  » On a committee

  » Managing in sport

  » Leading lunchtime activities

  » Leading a fitness session.

NAME

Pick Me

"I always wondered why somebody didn't do something about that. Then I realised I was somebody."

(Anderson & Feltenstein, 2007)

1. What are my personal leadership qualities? What am I good at?

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2. Considering all the leadership opportunities available to me, what am I interested in leading?

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3. What could I contribute?

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4. As a result of my contribution, what might change?

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5. Things I need to change about myself to be able to contribute are:

_____

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Now complete the Change Action Plan. Select a change, something you could do something about.

List the change or changes in the left-hand column, then describe how you are going to do it, the barriers that are in your way, how you will overcome the barriers and how you will know you have created change.

Change Action Plan

What might change?	How will this change occur (action)?	What barriers are in my way to achieving the change (bumps)?	To overcome the barriers I will…	I'll know I have created change when…