

THEME

Contributing and
Influencing

SUB THEMES

Planning to Lead
Leading in Action

Overview

In this activity Participants reflect on a leadership activity or experience. The reflection includes what happened, why it happened and how they could use what they learned for more effective leadership in the future. Leading in Action experiences should be completed before this Leader Journal template (the reflection) is completed.

Leadership Experience Reflection 1



Knowledge and skills

Knowledge of context, leadership styles and roles appropriate for context, planning and organising for the role, leadership methods, reflecting and evaluating.

Resources

- Leader Journal template



Facilitating the reflective questions

There are seven questions for participants to answer on the leadership experience and future leadership. These questions are included in the Leader Journal template.

- In question 1 Participants describe the leadership role they took. The Facilitator may lead discussion on all the leadership roles the various Participants experienced. Then Participants fill in their answers. Participants role-play a specific leadership moment they experienced in their recent leadership.
- In question 2 Participants describe their experience using single words to express their positive or negative feelings about it. Participants describe why they chose a particular word.
- In question 3 Participants identify what they did well and share their answers with their peers.
- In question 4 Participants identify tasks they did not do particularly well or could have done better, or could be done better next time. The answers may be beneficial for group discussion.
- In question 5 Participants list the leadership skills, qualities, abilities and behaviours they used or developed through this leadership experience. Facilitators might compare Participant responses with information in the Leader ThinkTank.
- In question 6 Participants describe what they learnt about leadership. Their answers could be compared with Leading the Leaders Workshops and the presentations on the *Growing Leaders* CD-Rom e.g. What is Leadership? PowerPoint.
- In question 7 Participants link what they have just learnt to their future leadership roles.



LEADER JOURNAL

3» NAVIGATE

NAME _____

Leadership Experience Reflection 1



1. Describe the leadership role you took (describe the job you did and how it fitted in with the whole activity or event and the roles others played).

2. Using single words, describe your experience in terms of positive or negative feelings about it. (Circle words that apply to your experience or write ones that you feel best describe it.)

Amazing	Fun	Predictable	Learning	Poor	Satisfying
Easy	Fab	Crazy	Hard	Horrible	Enlightening
Challenging	Cool	Fantastic	Exciting	Helpful	Enjoyable
Great	New	Difficult			

3. What did you do well or extremely well?

Tasks I did well

What was particularly good about the way I did the tasks



4. Which tasks did you not do particularly well or which tasks would you do better or differently next time?

Task	What aspect of the task did I not do so well?	Changes for next time – things I would do differently

5. These tasks relate to leadership skills, qualities, abilities and behaviours. List the leadership skills, qualities, abilities and behaviours you were using or developing through this leadership experience in the table below.

Leadership qualities (e.g. integrity, empathy)	Leadership abilities and skills (things you are able to do e.g. listening, communicating)	Leader behaviour (the behaviour others see e.g. anger, aggression, humour, support, encouragement, motivation)

6. What did you learn about leadership?

**7. What leadership roles do you think you have the skills and qualities to do within the next six months?
In the future?**

In the next six months

In the next two years or more

