

## THEME

Connectedness

## SUB THEMES

Understanding Others

## Overview

In this learning activity Participants complete four activities so they get to know others in their group better, as well as find ways to explore and describe themselves or their group.

The activities are:

- 'Metaphor', where Participants draw their answer. Discussions on the reasons behind the drawing are facilitated
- 'Find an object', where Participants describe the connection between the object and their team/group
- 'Acting up', where Participants act out the loves, fears and hates of their team
- 'Headlines', where Participants share their 'letter to the editor'.



## Activities to Explore Team Culture

### Knowledge and skills

Knowledge of others, developing empathy, service to others, group cohesion, group culture understanding, group dynamics, inclusiveness, relationship-building, conflict resolution.

### Resources

- Leader Journal template
- Drawing pens



NAME \_\_\_\_\_

## Activities to Explore Team Culture

### Metaphors

If your team or group were any of the following how would you draw it?

**A mode of transport**

**What would it be?**

Please draw your answer.

**An animal**

**What would it be?**

Please draw your answer.

**A cartoon character**

**What would it be?**

Please draw your answer.



## Find an Object

Walk around and find something that seems to sum up your team or group culture. Try to have an open mind; just wait until something strikes you as appropriate.

Describe it to the group or to a partner.

**1. My object is...**

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**2. It sums up my team/group culture because...**

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## Acting Up

Complete the following sentences about your team or group:

**1. Our team or group loves...**

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**2. Our team or group fears...**

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**3. Our team or group hates...**

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Now act out your answers to other teams/groups to see if they can guess what your team loves, fears and hates.



# Headlines

You go on holiday for a couple of weeks.

One day you decide to buy a paper just to see what's going on in the world.

To your amazement your team has made front page news, saying how bad your team culture is.

## 1. What's the headline?

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## 2. What would be in the article?

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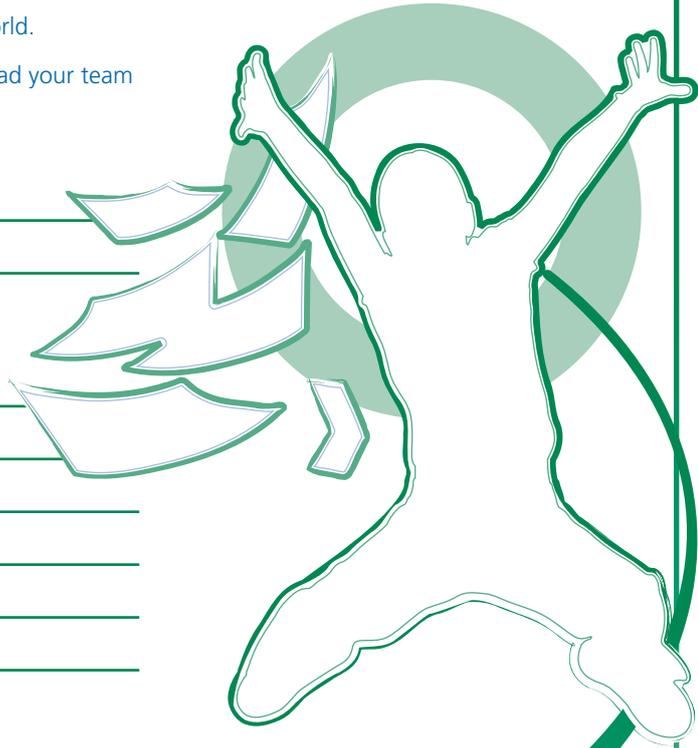
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## 3. Why would they write this article about your team?

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## 4. What would you include in a 'letter to the editor' to correct or change the story?

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