

THEME

Leading Self

SUB THEMES

Developing Self

Overview

Many leadership books and leaders talk about vision and mission statements. Dreaming is thinking what a vision might be, could be or should be.

“Imagining what you want, if it already exists, opens the door to letting it happen.”

(Sharti Gawain, 2002)

In this activity Participants use the scenario of a space rocket journeying to the moon as a comparison with a leader seeking and achieving a dream. The space rocket has the moon as its focus, destination and ‘dream’. The rocket doesn’t go to the moon in a straight line. It goes on a different path, continually readjusting until it gets to the moon.

Dream Action

Knowledge and skills

Personal goal-setting and self-responsibility.

Resources

- Leader Journal template



LEADER JOURNAL

2» DISCOVER

NAME _____

Dream Action

A space rocket follows a path to the moon. The moon is its goal and dream. The path isn't a straight path.

What does a space rocket need for its journey to be successful?

Explain why each of the following is important for its journey.



Learning

Resources

People

Directions

Knowledge

Map

Vision



LEADERS NEED TO HAVE GOALS AND DREAMS AND HAVE A PATH TO REACH THEM.

Sometimes we stay on the path, sometimes we go off the path – making errors and correcting as we go. It’s about knowing where ‘your rocket’ is going and keeping your eye on ‘your moon’.

When we make errors along the way that may take us away from the path we wish to be on, do we correct, adjust and continue on or do we halt, falter and move away from the path?

Answer the following questions to learn more about your ‘dream weaving’ skills. Part of ‘dreaming’ (setting and achieving your goals) is understanding yourself.

1. When you were a little kid, what did you love to do?

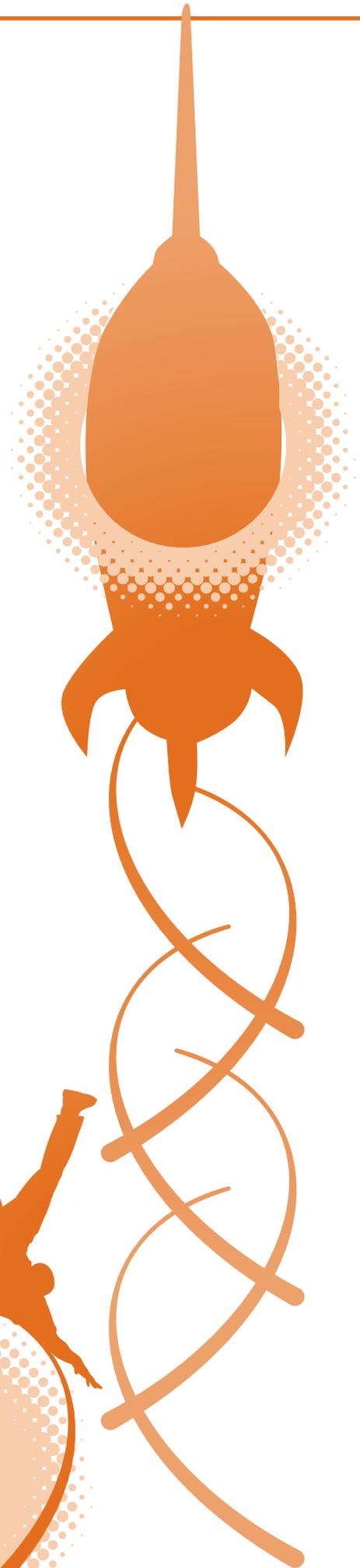
2. What activities did you do when you were a small child that you are still interested in?

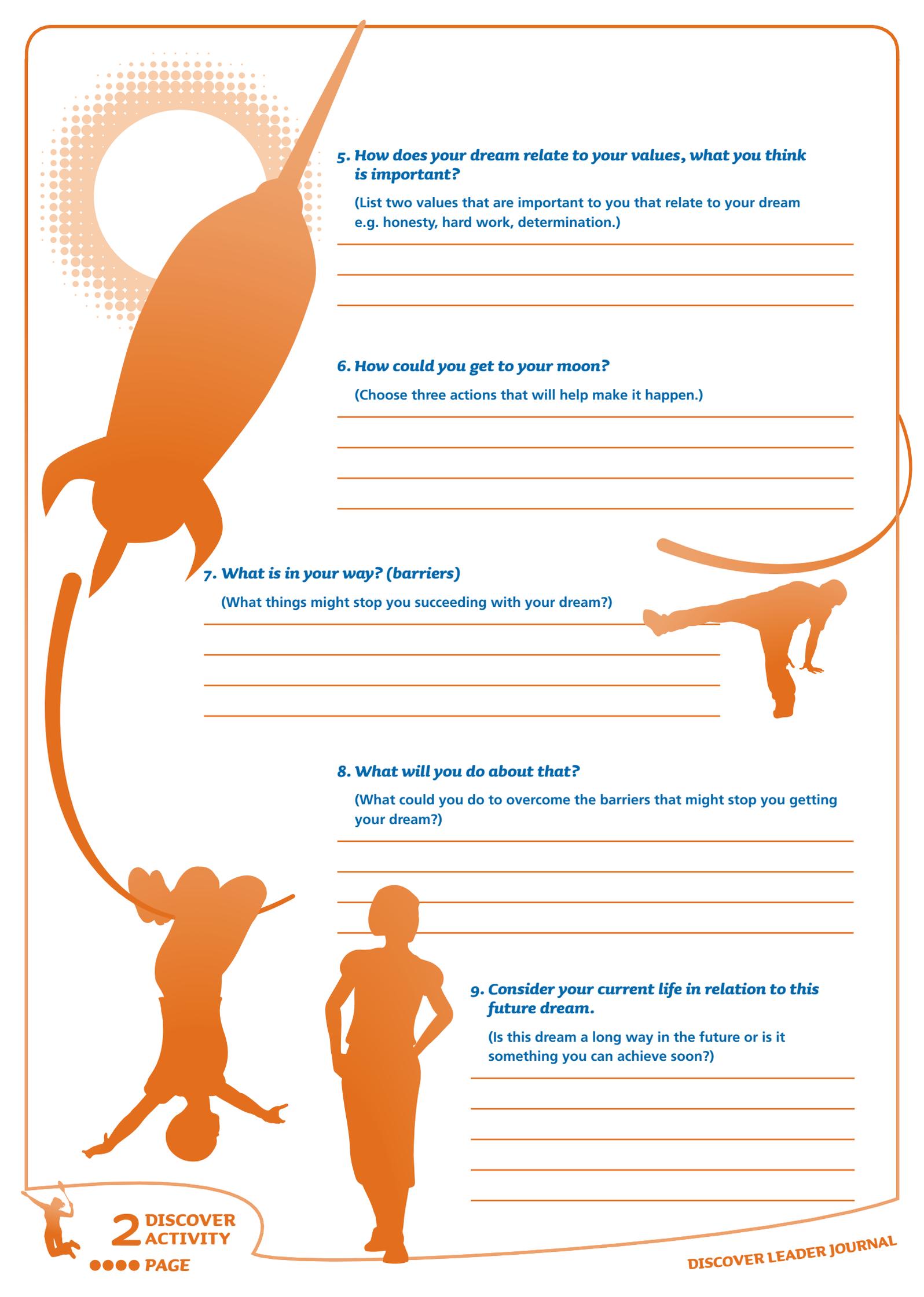
3. What is your moon? What is your big dream for the future?
(Perhaps they relate to family, sport, school, an interest.)

4. What other, smaller things are you trying to achieve?
Little dreams?
(Perhaps they relate to family, sport, school, an interest.)

“Even in those early days, I was a great dreamer. I used to go for long walks about the area, or cut across the paddocks, jumping over fences with my mind in far away places, just thinking about adventure and exciting things to do.”

(Sir Edmund Hillary,
of his childhood)





5. How does your dream relate to your values, what you think is important?

(List two values that are important to you that relate to your dream e.g. honesty, hard work, determination.)

6. How could you get to your moon?

(Choose three actions that will help make it happen.)

7. What is in your way? (barriers)

(What things might stop you succeeding with your dream?)



8. What will you do about that?

(What could you do to overcome the barriers that might stop you getting your dream?)

9. Consider your current life in relation to this future dream.

(Is this dream a long way in the future or is it something you can achieve soon?)

