

## THEME

Leading Self

## SUB THEMES

Knowing Self  
Developing Self

## Overview

In this activity Participants:

- Choose a newspaper, preferably a weekend or provincial daily newspaper rather than a smaller local newspaper
- Select two stories featuring two leaders in sport and/or recreation who show leadership in different situations, for example a sports captain, a coach, a fitness instructor or a Minister of Sport
- Answer the questions provided in the Leader Journal template.

## Leading Leaders in Print 1

## Knowledge and skills

Leadership style, leader behaviour, mentoring, leadership roles, leadership qualities.

## Resources

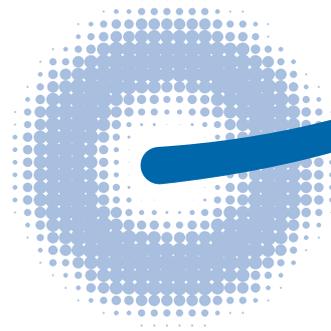
- Newspapers
- Leader Journal template



## Questions

### THE FACILITATOR ASKS THE PARTICIPANTS TO ANSWER THE FOLLOWING QUESTIONS:

1. Who is the leader in the article? (What is their leadership role?)
2. What does the article tell us about leadership? (The benefits, the challenges, the difference it makes for others)
3. Do you think the leader you have chosen is a good leader? Why/Why not? (What is an effective or good leader?)
4. What is the situation in which the leader leads? Describe the environment.
5. What is the 'different' thing about this leader?
6. How does this leader serve others? (What do they do for other people who help them?)
7. What could you learn from this leader?
8. What do you like about this leader?
9. How could this help you with your leadership?



# LEADER JOURNAL

1»EXPLORE

NAME \_\_\_\_\_

## Leading Leaders in Print 1

1. Who is the leader in the article and what is their leadership role?

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2. What does the article tell you about leadership?

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3. Do you think the leader you have chosen is a good leader? Why/Why not?

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4. What is the situation in which the leader leads? Describe the environment.

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**5. What is the 'different' thing about this leader?**

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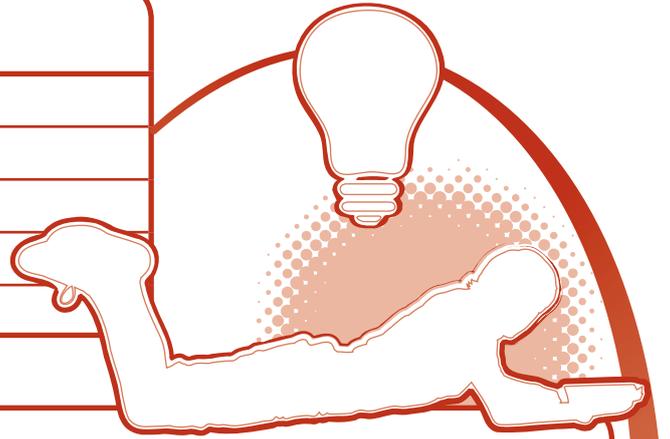
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**6. How does this leader serve others?  
What does this leader do for other people who help them?**

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**7. What could you learn from this leader?**

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**8. What do you like about this leader?**

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