



## REGIONAL SPORTS PARTNERSHIPS

### BEST PRACTICE

Research collated by

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Name Calderglen Community Sports Hub  
Country Scotland  
Sports Body SportsScotland  
Sports Variety



#### Background

Calderglen High School in East Kilbride is home to over 1700 students. It is the first of a number of community sport hubs to be rolled out across South Lanarkshire, Scotland. The school was opened in 2007 following the merger of two local schools and hosts a variety of excellent sports facilities. It shares its campus with Sanderson High School for children with additional support needs. It uses sport to develop students as well as offering opportunities to the local community to be more active.

#### Original Partners

Cricket Club  
Cycling Club  
Football Club  
Trampoline Club  
Cardiac Rehab Club  
Disability Football Club  
Athletics Club

#### New Opportunities

Basketball Club  
Dance Club  
Pre & Post Natal group

#### Action Plan Targets

- Consult with all stakeholders to initiate the Calderglen Community Sports Hub
- Set up a CCSH Steering Group
- Improve the environment within the CCSH
- Develop a common approach to the CCSH 'experience'
- Maximise the use of facilities within CCSH
- Improve use of resources within the CCSH
- Increase number of participants within existing clubs
- Increase number of pupils within Calderglen Learning Community that participate in clubs/groups
- Increase number of groups/clubs using CCSH
- Develop a strategy for publicising the work of the CCSH
- Create a CCSH Identity
- Provide a range of support mechanisms for clubs/groups
- Develop the CCSH Young Leaders Programme

#### Additional

Membership agreement in place between all partners



Name Tryst Community Sports Club  
 Country Scotland  
 Sports Body Sportscotland  
 Sports Various (initiated by football)



### Background

Larbert High School in Stenhousemuir is home to almost 2000 students. It is also the first community sport hub (CSH) to be established in Falkirk. The Tryst CSC, named after the land upon which the clubs operate, is based at the school but has been established through a strong partnership between the school and Stenhousemuir Football Club.

The partners took a pro-active approach by appointing a head of sport to help make the hub a reality. They have now added the local authority as a partner on their management group and have ambitious plans to get their local community active and involved.

### Original Partners

Stenhousemuir Football Club  
 Larbert High School  
 Falkirk Cannons Rock-it-ball Club  
 Marvels Cheerleading Club  
 Falkirk Fury Basketball Club  
 Stenhousemuir Cricket Club  
 Falkirk Otters Water Polo Club  
 Tryst Gymnastics Club  
 Zumba Sessions

### New Opportunities

Table Tennis Club  
 Dance Club

### Action Plan Targets

- To provide sporting activities for all individuals (particularly young people) within the local community with an opportunity to participate in a range of sporting activities in a safe enjoyable environment that will harness and nurture their development.
- To engage all young people from the local area within the sports club thus contributing to these young people leading active and healthy lives.
- To offer an extension to the Larbert High School extra-curricular programme thus increasing and improving the number of participation opportunities available to the LHS pupils.
- To provide a pathway for all pupils from Larbert High School that will allow them to progress from school ran extra-curricular sessions into the wider sports club and therefore the sports club environment.
- To Ensure sustainability through community leadership and engagement
- To offer a coaching pathway for adults and Larbert High pupils to move into a club coaching environment.
- To identify 'gaps' in the market and where appropriate/necessary create new clubs or invite established clubs from out with the area into fill the gaps.
- To work in partnership with key partners such as the Falkirk Council, Active Schools, Sports Development and the Central Sporting Partnership to ensure the proper pathways are in place and to ensure a unified delivery of sport.
- To facilitate the sharing of resources and best practice between the clubs involved.
- To bring local people together to create a sense of pride and generate social capital



Name Dundee East Community Sports Club  
Country Scotland  
Sports Body Sportscotland  
Sports Football



### Background

The hub is based in the East side of Dundee and is situated around Whitton Park, Forthill Sports Club, Douglas Sports Centre, Claypotts and Dawson grass pitches. DECSC are also developing strong links with the local primary and secondary schools. The Hub provides a pathway from ages 5 up to Adult's including Amateur and Junior level football clubs

The Hub currently has 12 clubs involved and has over 1200 members and 150 qualified coaches and volunteers. The Community Club already has a development plan in place and is working hard to implement the plan within the 5 year set timescale.

The Dundee East Community Sports Club has benefited from having a very strong committee in place. They have been successful in attracting committee members from all of the resulting clubs within the community club structure. They are a very ambitious committee and they are all working hard to ensure all the proposed developments come to life.

### Original Partners

5 x Football Clubs  
Rugby Club  
Cricket Club  
Tennis Club  
Bowling Club  
Handball Club  
Karate Club  
Table Tennis Club

### New Opportunities

### Action Plan Targets – Sportscotland Framework priorities

- Well organised clubs
- Better connected clubs
- Well promoted clubs
- Investment in clubs
- Great people in clubs
- Great places in clubs

### Additional

DECSH holds charitable status and is registered with Oscr.



**Name** Aberdeen Disability Sports Hub  
**Country** Scotland  
**Sports Body** Scottish Disability Sport, Sportscotland  
**Sports** Various



### Background

Sportscotland hubs funding is allocated to Aberdeen City Council, who have a strategic role for sport but whose facilities and development team are now operated by a trust called Sport Aberdeen. As Aberdeen City Council don't have the capacity to deliver projects they consulted with the local sports community, trusts, clubs etc and sought bids from groups keen to establish a sports hub.

The hub is a partnership between Aberdeen Sports Village, Scottish Disability Sport and Sport Aberdeen. Whilst much of the hub activity is centred around Aberdeen Sports Village, there are also satellite sites where boccia, tennis, basketball and curling take place. The disability sports hub has brought together a number of groups, clubs and organisations to promote both disability specific but most importantly inclusive activity.

### Original Partners

Weekly sessions in a variety of other sports  
 Special Olympics  
 Sport Aberdeen  
 Aberdeen Sports Village  
 SDS

### New Opportunities

2 x Boccia Clubs  
 3 x Bowling Clubs  
 2 x Carriage Driving  
 3 x Swimming Clubs  
 Table Tennis Club

### Action Plan Targets

- Increase sustainable opportunities for athletes with a disability to take part in sport by offering a programme of support, education and training to mainstream clubs meeting in Aberdeen Sports Village and satellite sites.
- Encourage lifelong participation in sport by offering a package of education, training and mentoring opportunities to disabled athletes retiring from sport.
- Purchase of generic disability sports equipment for use by individuals and clubs using Aberdeen Sports Village and satellite sites.
- Establish a pan-disability multi sport group which offers parallel activities for youngsters with a disability and their siblings along with a support group for parents and carers. Pathways from this multi activity group into regular sport specific activity will be offered in partnership with SDS local branches and Special Olympics Grampian.
- Work with Scottish University Sport and Aberdeen's further education providers to encourage disabled students to engage in sport and support inclusivity within the university sports clubs.
- Aberdeen Sports Village to become a hub for the development of talented athletes making the first steps from grass roots participation in sport