### Healthy Active Learning National Newsletter December 2022

# **Tapuwaekura**

Underpinned by the Atua Matua Framework (Māori Health and Wellbeing Framework), Tapuwaekura supports kura and kaiako to implement a Te Ao Māori approach through whakapapa and mātauranga Māori to connect tamariki to te taiao for better health and wellbeing outcomes. Recent evaluation findings demonstrate the impact the approach is having.

#### **Engagement**

The kaupapa Māori-centered evaluation approach was informed by the whakataukī:

Mā te rongo, ka mōhio, mā te mōhio, ka mārama, mā te mārama, ka mātau

From listening comes knowledge, from knowledge comes understanding, from understanding comes wisdom

What Atua Matua is setting out to do and what it's trying to achieve is to give that mātauranga Māori the space to be relevant for our kids today. It has to be, otherwise it just becomes a subject that we study in the past.

A kajako from Te Pa o Rakajnautu in Ōtautahi Christchurch.

### The pursuit of mātauranga Māori

Tapuwaekura is supporting kura and kaiako to embed Atua Matua as an approach and supporting them to indigenise their systems, policies, and curriculum.

#### **Kura shifting from**

**Kura shifting towards** 

Gregorian calendar

→ Maramataka

Risk assessment/RAMS (what you can't do)

Tohutaka/Te Kawa Whakatika (what we can do)

Marautanga o Aotearoa

→ Marautanga ā-lwi

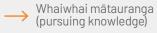
Professional development -

Whakangungu (way of being)

Learning in the classroom → Learning from Te Taiao



Receiving disseminated knowledge





## **Enhancing tamariki wellbeing** and learning

Tamariki and kaiako are connecting to their rohe and te taiao, in some cases for the first time, and gaining a deeper understanding of and personal relationship with mātauranga. Kaiako say they are noticing less behaviour related issues in the classroom, tamariki are attending school more regularly, and generally being more physically active.



Tapuwaekura has everything including those real values of mana tangata, mana whenua, mana moana. So if kids have got the mana of all of that, they can leave our kura knowing who they are and be successful in both worlds.

