

## Communication Barriers

Some possible barriers to effective written and verbal communications	How common are they for you?		
	Very	Sometimes	Not Very
<ul style="list-style-type: none"> <li>• inattention (by either party) and distractions</li> <li>• jumping to conclusions</li> <li>• emotions</li> <li>• message inconsistencies</li> <li>• tiredness</li> <li>• pressure of work</li> <li>• stress</li> <li>• gender differences</li> <li>• generation gap</li> <li>• previous experiences</li> <li>• cultural differences</li> <li>• lack of empathy</li> <li>• personal beliefs and values</li> <li>• language differences and difficulties</li> <li>• lack of feedback</li> <li>• vocabulary/terminology/jargon</li> </ul>			

<ul style="list-style-type: none"> <li>• assumptions</li> <li>• preconceived ideas</li> <li>• wrong place or time</li> </ul>			
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What other barriers have you experienced?

Other barriers to effective written and verbal communications	How common are they for you?		
	Very	Sometimes	Not Very