Te Whetū Rehua





A guide to deciding appropriate activities for He Oranga Poutama

This 'Whetū' outlines a five-criteria continuum to help determine 'as Māori' participation for the context of the He Oranga Poutama initiative.

The closer an activity maps to the criteria in the inner star, closest to the 'As Māori' centre, the more likely it is to contribute to HOP's goal of participating as 'Māori' in sport and recreation.

Generally three dimensions of the inner star are required for a strong HOP goal connection.

- * WHIM: Whānau, Hapū, Iwi, Māori
- * GMD: Governed, Managed, Delivered
- * Ngā Mahi a te Rēhia: Less physically active
- * Ngā Taonga Tākaro: More physically active

